

## Cho's Tae Kwon Do Terminology Study Sheet

\* **Please take care of this paper. You will need it to study for all your tests.**

\* **Please memorize the saying that goes with your pattern, numbers 1 to 10 in Korean, Aims to Achieve, and Tae Kwon Do pledge. You will be asked to say these aloud at the test.**

### PATTERNS/HYUNGS

<p>CHON-JI (19 movements)</p> 	<p>Chon-Ji means literally the "Heaven and Earth". In the orient, it is interpreted as the creation of the world or the beginning of human history. Therefore, it is the initial pattern played by the beginner.</p>
<p>DAN-GUN (21 movements)</p> 	<p>Dan-Gun is named after the holy Dan Gun, the legendary founder of Korea, in the year 2,334 B.C.</p>
<p>DO-SAN (24 movements)</p> 	<p>Do-San is the pseudonym of the patriot Ahn-Chang-Ho (1876-1938), who devoted his life to furthering the education of Korea and its independence movement.</p>
<p>WON-HYO (28 movements)</p> 	<p>Won-Hyo was the noted Monk who introduced Buddhism to the Silla Dynasty in the year 686 A.D.</p>
<p>YUL-GOK (38 movements)</p> 	<p>Yul-Gok is the pseudonym of the great philosopher and scholar Yi I (1536-1584), nick named the "Confucius of Korea". The 38 movements of this pattern refer to his birthplace on the 38<sup>th</sup> latitude and the diagram represents "scholar".</p>
<p>JOONG-GUN (32 movements)</p> 	<p>Joong-Gun is named after the patriot An Joong Gun who assassinated Hiro Bumi Ito, the first Japanese governor-general of Korea who is known as the man who played a leading part of the Korea/Japan merger. There are 32 movements in this pattern to represent An-Joong Gun's age when he was executed in Lui-Shung prison in 1910.</p>
<p>TOI-GYE (37 movements)</p> 	<p>Toi-Gye is the pen name for the noted scholar Yi Hwang (16<sup>th</sup> century A.D.) an authority of Neo-Confucianism. The 37 movements refer to his birth place on the 37 latitude, and the diagram represents "scholar".</p>
<p>HWA-RANG (29 movements)</p> 	<p>Hwa-Rang is named after the Hwa-Rang youth group which originated in the Silla Dynasty about 1,350 years ago. This group eventually became the actual driving force for the unification of the three Kingdoms of Korea.</p>

### TAE KWON DO **AIMS TO ACHIEVE**

1. Modesty
2. Self Control
3. Perseverance
4. Indomitable Spirit

# Cho's Tae Kwon Do Center

## NUMBERS (in Korean)

Ha-Na	One
Tul	Two
Set	Three
Net	Four
Tuh-Sut	Five
Yuh-Sut	Six
Il-Gop	Seven
Yuh-Dul	Eight
Ah-Hope	Nine
Yuhl	Ten

## GLOSSARY

The following words are used in class. Please learn them.

Charyot	Attention
Kyung-Nae	Bow
Baro	Return
Jhoon-Bee	Ready
She-Jak	Start/Begin
Ko-man	Stop
Ki-hap	Yell
Do-Bok	Uniform
Do-Jang	School
Sah-Bum-Nim	Instructor
Gwang-Jang-Nim	Grandmaster

## TAE KWON DO PLEDGE

1. To train both mind and body through Tae Kwon Do.
2. To promote a friendly relationship amongst all people.
3. To be a courageous opponent against untruths.
4. To follow all the rules of Tae Kwon Do and my instructors.

A pledge is a promise we make to ourselves, our instructors, our family, our friends, and our community. The "I promise" is silent.